

07/03/20 SGS Training Comp

	Name	Team	Div	Bwt - kg	IPF Wt Cls	lot#	Birth Year	IPF Pts Code	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	DL-1	DL-2	DL-3	Best DL	PL Total	PI/Div/Cls/Event	IPF Points	Events Entered
	Kaira Bray	SGS	F-O-U	51.60	52	2	1992	FCP	45.0	52.5	60.0	60.0	30.0	35.0	~~40.0~~	35.0	80.0	85.0	90.0	90.0	185.0	1/F-O-U/52/PL	336.82	PL
	Tanya Boys	SGS	F-O-U	99.10	84+	1	1983	FCP	102.5	105.0	110.0	110.0	~~55.0~~	~~55.0~~	55.0	55.0	120.0	125.0	135.0	135.0	300.0	1/F-O-U/84+/PL	434.38	PL
	Cate Angus-Hughes	SGS	F-M1-U	56.20	57	3	1976	FCP	45.0	52.5	60.0	60.0	30.0	~~35.0~~	~~35.0~~	30.0	75.0	80.0	82.5	82.5	172.5	1/F-M1-U/57/PL	301.67	PL
	Akhona Sibulawa	SGS	M-J-U	60.70	66	8	2001	MCP	70.0	80.0	82.5	82.5	70.0	~~72.5~~	72.5	72.5	95.0	~~100.0~~	~~110.0~~	95.0	250.0	1/M-J-U/66/PL	265.03	PL
	Reece Friedlander	SGS	M-J-U	71.70	74	10	1999	MCP	145.0	160.0	170.0	170.0	110.0	~~120.0~~	120.0	120.0	~~170.0~~	190.0	200.0	200.0	490.0	1/M-J-U/74/PL	525.47	PL
	Muaaz Bhamjee	SGS	M-O-U	71.40	74	4	1985	MCP	130.0	~~137.5~~	140.0	140.0	80.0	85.0	~~90.0~~	85.0	165.0	~~175.0~~	~~175.0~~	165.0	390.0	1/M-O-U/74/PL	402.26	PL
	Rick Smith	SGS	M-O-U	72.00	74	6	1989	MCP	85.0	90.0	100.0	100.0	~~60.0~~	~~60.0~~	60.0	60.0	100.0	105.0	110.0	110.0	270.0	2/M-O-U/74/PL	250.51	PL
	Kobus van Jaarsveld	SGS	M-O-U	89.00	93	11	1987	MCP	145.0	~~157.5~~	157.5	157.5	~~115.0~~	~~115.0~~	115.0	115.0	175.0	180.0	185.0	185.0	457.5	1/M-O-U/93/PL	413.71	PL
	Adrian Zevenster	SGS	M-O-U	96.30	105	12	1994	MCP	160.0	175.0	190.0	190.0	0.0			0.0				0.0	0.0		0.00	PL
	Niall Morley	SGS	M-O-U	115.00	120	9	1995	MCP	160.0	170.0	~~180.0~~	170.0	0.0			0.0				0.0	0.0		0.00	PL
	Jacques Naude	SGS	M-O-U	129.70	120+	7	1990	MCP	145.0	160.0	170.0	170.0	85.0	~~100.0~~	~~100.0~~	85.0	190.0	200.0	~~210.0~~	200.0	455.0	1/M-O-U/120+/PL	322.32	PL
	Brandon Lizamore	SGS	M-O-U	121.90	120+	13	1995	MCP	140.0	150.0	160.0	160.0	~~100.0~~	110.0	~~125.0~~	110.0	0.0			0.0	0.0		0.00	PL
	Nils Tania	SGS	M-M2-U	73.90	74	5	1966	MCP	140.0	160.0	170.0	170.0	80.0	90.0	~~95.0~~	90.0	160.0	175.0	~~180.0~~	175.0	435.0	1/M-M2-U/74/PL	446.34	PL